

KKCFSS FARMERS' MARKET NUTRITION COUPON PROGRAM PARTICIPANT GUIDELINES 2025

IMPORTANT INFORMATION - PLEASE KEEP THIS PAGE

The Farmer's Market Nutrition Coupon Program (FMNCP) is funded by the Ministry of Health and Columbia Basin Trust through the BC Association of Farmer's Markets and **serves Indigenous low-income families, pregnant people, Elders and Youth**. Participants receive a sheet of coupons each week worth \$27 from **June 21st – October 4th, 2025 for Cranbrook and June 19th – September 18th, 2025 for Kimberley** to purchase fresh fruit, vegetables, herbs, dairy products, eggs, meat/ fish, nuts and vegetable/ fruit/ herb plants. In fairness to other people on the waitlist, participants are expected to consistently pick up their coupons. Failure to do so may result in being placed on the waitlist and someone from the waitlist taking your spot.

The Cranbrook Farmers Market is located at 10th Ave South, beside Rotary Park, and runs June 21st – Oct 4th, Saturday's from 10:00 am – 1:00 pm; coupons can be picked up from 9:30 am – 11:30 am

The Kimberley Farmers Market is located on Howard Street, between Kimberley Ave and Wallinger Ave, and runs June 19th – Sept 18th, Thursday evenings from 5:00 pm – 7:30 pm.

Completed applications can be emailed to kkcfssprevention@ktunaxa.org; dropped off in person at the Chief Joseph Center, # 1007 Baker Street Cranbrook (located right beside Pharmasave).

Please read the following program guidelines and complete the attached application no later than June 17th, 2025.

- Staff will distribute coupons:
 - **Cranbrook: every Saturday from 9:30 am – 11:30 am beside City Hall;**
 - **Kimberley: Coupons will be delivered directly to participants**
- Arrangements can be made to pick coupons up ahead of time – please contact Chelsea or Mackenzie at 250-489-4563
- If you need someone else to pick up the coupons for you, notify a program staff member before pick up. If we do not have notification, we will not release the coupons
- It is your responsibility to notify staff if you cannot pick up your coupons. If you do not pick up your coupons for three consecutive weeks without notification to program staff, your name will be placed on the waitlist (you will not longer receive weekly coupons) and your spot will be given to someone on the waitlist.
- Please notify program staff if you wish to drop out of the program
- **Participants on the waitlist** may have access to coupons by:
 - Checking in to see availability – email us at kkcfssprevention@ktunaxa.org or call 250-489-4563 and ask for Chelsea or Mack, Monday – Friday, 8:30 am – 4:30 pm
- **Waitlist participants will be notified and moved to the active list if/when space becomes available – the waitlist is made on a first-come, first-serve basis.**
- Market coupons can be used at any FMNCP participating market in BC – Please check out bcfarmersmarkettrail.com or download the app for more information.



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- Market Vendors will have a 'coupon poster' to indicate they accept FMNCP coupons.
- Coupons can only be used for locally grown fruit, vegetables, herbs, dairy products, eggs, nuts, meat/ fish, vegetable/ fruit/herb plants, and honey. No prepared foods (breads, jams, etc.), clothing, or craft items.
- For more information on the Cranbrook Farmer's Market, please visit Cranbrookfarmersmarket.com
- We have a zero-tolerance policy on verbal abuse and/ or harassment. Participants who verbally abuse or harass program staff will automatically be removed from the program and may not be eligible to participate in the following years program

HELPFUL TIPS FOR AN ENJOYABLE SHOPPING EXPERIENCE:

- **Bring shopping bags** – some vendors have bags available and some do not, so it is recommended to bring your own bags to transport your goodies with ease
- If you are not a fan of large crowds, the best times to shop are at the beginning and end times of the market (10:00 am & 12:00 pm)
- If you are able to do so, bring change as some of the vendors are not able to sell things in \$3 bundles (example, a bag of apples may be \$5 and your coupon is for \$3 or \$6, so you can use a toonie or loonie to cover the additional cost)
- If you have feedback on how we can improve your experience at the market, or with the Farmer's Market Nutrition Coupon Program (FMNCP), please complete our market survey
- The Cranbrook FMNCP runs from June 21st – October 4th, but coupons can continue to be redeemed until December 21st, 2025 at the Last Minute Market

Applications will be reviewed on June 17th and those enrolled in the program will be notified no later than June 20th. Coupons will be available for pick up starting June 21st

Questions? Call us at 250-489-4563 or leave us a message at www.kkcfss.org

HU SUKIꞤ Q'UKNI ~ MAARSII ~ THANK YOU
WE LOOK FORWARD TO SEEING YOU AT THE MARKET ☺

